



FOR IMMEDIATE RELEASE

March 30, 2017

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CADA Receives \$5,000 Grant from Consolidated Communications

(MANKATO, MN) – The Committee Against Domestic Abuse (CADA) was recently awarded a \$5,000 grant for therapy services from Consolidated Communications, which provides business and broadband communications services across 11 states.

The grant will allow CADA to provide nearly 70 free hours of therapy to victims of domestic and sexual violence. With the funding, adults and children who experience trauma related to domestic and sexual violence will be able to access therapeutic counseling in a safe and secure location, despite barriers related to transportation, language, lack of insurance, and stigmas related to being a male victim or a victim that identifies as LGBT.

“Adults and children experiencing trauma related to domestic and sexual violence will begin their journey of healing and build resilience in a seamless, collaborative manner with the support of licensed therapists,” said Jason Mack, Executive Director at CADA.

Developmentally-appropriate support services will also be available to children who witness or experience domestic or sexual violence.

“Parents engaged in therapeutic counseling are better able to address their own trauma, which will enable them to provide better parenting and support for their children,” added Mack.

About the Committee Against Domestic Abuse (CADA), Inc.

CADA provides safety and support to victims of domestic violence and sexual assault through community engagement, advocacy, shelter, supervised parenting time services, and therapeutic support. CADA coordinates services across eight counties in south central Minnesota to address domestic abuse, sexual assault and human trafficking through education about the violence manifested in societal norms and behaviors like teen dating violence, battering, rape, child abuse, sexual assault, and the trafficking of women and children. For more information about CADA’s services and mission, visit: www.cadaMN.org. All services may be accessed by calling the 24-hour Crisis Line at 1-800-477-0466.

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