



FOR IMMEDIATE RELEASE

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CADA Increases Efforts to Combat Domestic Violence in Minnesota

(MANKATO, MN) – October once again marks Domestic Violence Awareness Month. While the issue isn't any less prominent the other 11 months of the year, the Committee Against Domestic Abuse, Inc. (CADA) increases its awareness efforts to combat domestic abuse in the eight counties it services across the state.

As of September 30, 12 known persons were murdered in 2016 due to domestic violence in Minnesota. With 1 in 4 women as victims of some type of domestic or sexual violence in their lives, CADA continues to work with law enforcement, human services and other agencies in Blue Earth, Brown, Faribault, Le Sueur, Nicollet, Sibley, Waseca and Watonwan counties, to provide safety and intervention for victims of domestic violence, while holding offenders accountable for their actions.

“This is an important time to consider how we as a community can contribute to a culture of respect and appreciation for all people, and eliminate power-based abuse,” said CADA Interim Executive Director, Sara Sinnard. “This is a life and death concern, as we know. The impact of physical and sexual abuse and predatory behavior has a profound and lasting negative impact on the victim, the family, and the entire community.”

CADA and collaborating partners invite you to engage in the events planned for Domestic Violence Awareness Month during the month of October 2016.

October 14: Lunch and Learn– Domestic Violence & Substance Abuse: A toolkit for Professionals. Courtney DePew from the House of Hope will be presenting, 12-1 p.m.

October 14: Evidence-Based Response for Breaking the Cycle of Domestic Violence & Stalking at Rasmussen College, 8 a.m.-4 p.m. (Advanced Registration Required)

Our Mission: To provide safety and support to victims of domestic and sexual violence through education, advocacy, and shelter.

October 15: Yoga on Tap Fundraiser, Mankato Brewery, 10 a.m.– Do a little self-care & support families who have experience domestic abuse. All proceeds go to CADA.

October 17: CADA's 2016 Mankato Area Community Vigil, Mankato Public Safety Center, 6-6:30 p.m. Following the vigil, please join us at Jake's Stadium Pizza (330 Stadium Rd., Mankato). 10 percent of food sales will be donated to CADA between 4 p.m. and 8 p.m.

October 26: Mankato Pizza Ranch Community Impact Fundraising Event, 4:30-8 p.m. All tips & 10% of sales benefit CADA.

October 27: Sharing Voices: A Survivor-Led Theater Performance at the Coffee Hag, 7 p.m.

October 28: 12 p.m., Lunch and Learn- Identifying and Responding to Men Who Use Violence: A Practitioner's Guide.

For more information about these CADA sponsored events, visit www.cadamn.org

Additional events related to intimate partner and sexual violence are being organized at Minnesota State Mankato through various offices and departments on campus in October and November, as well as through the Minnesota Coalition for Battered Women (MCBW) at www.mcbw.org/calendar/.

About the Committee Against Domestic Abuse (CADA), Inc.

CADA provides safety and support to victims of domestic violence and sexual assault through community engagement, advocacy, shelter, supervised parenting time services, and therapeutic support. CADA coordinates services across eight counties in south central Minnesota to address domestic abuse, sexual assault and human trafficking through education about the violence manifested in societal norms and behaviors like teen dating violence, battering, rape, child abuse, sexual assault, and the trafficking of women and children. For more information about CADA's services and mission, visit: www.cadaMN.org. All services may be accessed by calling the 24-hour Crisis Line at 1-800-477-0466.

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