



CADA Programs

Emergency Safety Shelter
 P.O. Box 466
 Mankato, MN 56002-0466
 507-625-8688 Business
 800-477-0466 Crisis

Keep Me Safe
 Parenting Time Center
 P.O. Box 466
 Mankato, MN 56002-0466
 507-625-8688 Business

CADA of Blue Earth County
 100 Stadium Court
 Mankato, MN 56001
 507-625-8688 Business

CADA of Le Sueur County
 CADA of Nicollet County
 322 S. Minnesota Ave
 St. Peter, MN 56082
 507-934-5583

CADA of Faribault County
 P.O. Box 203
 Blue Earth, MN 56013
 507-526-5275 Business

CADA of Waseca County
 P.O. Box 348
 Waseca, MN 56093
 507-835-7828 Business

CADA of Watonwan County
 55 8th Street South
 St. James, MN 56081
 507-375-3040 Business

CADA of Brown County
 P.O. Box 671
 New Ulm, MN
 507-233-6663 Business

CADA of Sibley County
 P.O. Box 671
 New Ulm, MN
 507-233-6663 Business

A Message from Our Executive Director



Greetings,
 I hope this newsletter finds you well. I write to you from my softly lit office, which is filled with a magical ambiance from the rays of sunshine peering in on this summer morning. I suppose the use of words like “magical ambiance” when describing my office in a building that provides services to victims and survivors of domestic abuse, sexual assault, and sex trafficking might sound a little odd. Perhaps the word *miraculous* would be better? After all, our staff is in the business of working miracles. Okay, so maybe that’s a stretch. But, we literally save lives here. And that is a deeply beautiful thing. Even more so, we are in the business of providing safety, support, and service.

Here’s another way of saying it:

- ◆ **What we do (safety):** We make our communities safer by providing emergency shelter, supervised parenting, and personal advocacy.
- ◆ **How we do it (support):** We believe, respect, and support individuals, families, and victims of domestic and sexual violence.
- ◆ **Why we do it (service):** We invite community members to join our mission, and connect them with opportunities for education, giving, and service.

These are the impacts of our work that are so deeply connected to our mission of *providing safety and support to victims of domestic and sexual violence through education, advocacy, and shelter*. Our walls are filled with stories of tragedy, trauma, resilience, and empowerment. They are also filled with great wisdom.

I had the opportunity to sit with a group of women who were staying in our shelter and listen to them as they shared about their experiences. They had many gems to share and I’d like to pass a few along to you. They spoke of the many obstacles they’ve faced in their daily lives. They spoke of the many challenges they’ve had in seeking help from systems and organizations that are supposed to be there, but often fall short in the resources they have to offer. They also exhibited resilience and hope through their presence and words. They echoed something that we believe strongly at CADA: truly addressing domestic abuse and sexual assault in our community is going to require the support of the *entire community!* This message was at the heart of their stories.

We know that the issues CADA deals with are intimately connected to other social issues and poor community outcomes in general. Therefore, we implore you be a part of our mission. We invite you to be a part of stories of the many women, children, and men that we serve each year. *You* can be one of the members of the community that helps us to provide the safety and support they need. I invite you to call me, email me, or visit www.cadaMN.org for more info on how to donate or volunteer today!

In Community,
 Jason

CALLING ALL VOLUNTEERS



CADA could not operate without the volunteer support from our friends and supporters. There are many ways you can get involved and help us in our mission *to provide safety and support to victims of domestic and sexual violence through education, advocacy, and shelter*. CADA has a variety of volunteer opportunities - both short and long-term opportunities are available!

Currently, the volunteer positions we need filled are:

Childcare Volunteer - Do you want to make a difference in the lives of children? CADA is seeking childcare volunteers to engage children of all ages in interactive play and activities while parents attend support groups and meetings. Evening and daytime volunteer opportunities are available!

Maintenance Volunteer - CADA's offices and shelter space could use some TLC! We are seeking maintenance volunteers to perform routine maintenance tasks, repairs and necessary upkeep to our facilities and equipment.

Cleaning & Organizing Volunteer - Do you enjoy organizing and cleaning? CADA is seeking volunteers to help sort and organize donations, as well as help keep our shelter and office spaces clean and tidy. Volunteers help our organization run more efficiently and ensure that advocates have more time to spend assisting victims and survivors.

Crisis Call-Out Volunteer - We are seeking Volunteer crisis call-out advocates to provide crisis intervention, advocacy, and support to victims and survivors of domestic and sexual violence at hospitals and law enforcement centers after regular business hours. On-call volunteers will be a part of an on-call rotation and have the flexibility to pick their own shifts. Volunteers must complete a 40-hour sexual assault advocacy certification training, which is offered at CADA twice a year.

If you are interested in becoming a part of the CADA team as a volunteer, please be in touch with Kristen, our volunteer coordinator at: kristenw@cadamn.org or 507-625-8688 ext. 124.



WAYS TO GET INVOLVED



Are you a student or do you work with students? We still have a few fall internship opportunities available for those interested in a hands-on learning experience in the nonprofit sector. Opportunities that are still available:

Education Program Intern: This intern works closely with the education program manager to provide opportunities for the community to engage in learning about domestic and sexual violence and CADA's resources. The intern also participates in researching, preparing, facilitating, and evaluating multiple prevention initiatives throughout our service area.

Offender Education Program Intern: This intern will work closely with the Southern Minnesota Offender Education Program (SMOEP) Manager to assist with case management duties for men who use violence against intimate partners. The Offender Education Program Intern will also assist the SMOEP Manager in providing evaluation and outreach throughout the community regarding the program.

Development & Communications Intern: This intern will work closely with CADA's development team and assist with tasks related to social media, web, and email communications, as well as tasks related to fundraising, event planning, and resource development.

Anyone interested in an internship position with CADA should contact our volunteer coordinator at: kristenw@cadamn.org or 507-625-8688 ext. 124

Advocacy Internship Allows Students to Offer Direct Services to Clients

Kathy Thao, a first year graduate student in MSU's social work program, recently completed a seven-month internship with CADA. As a Blue Earth County Advocacy Intern, Thao put in 460.75 hours of service assisting victims of domestic and sexual violence.

"I went to court hearings a lot and learned so much about legal advocacy," shared Thao. "I did police reports and followed up with clients offering CADA services and assisted with a few HRO's (Harassment Restraining Order) during my last month with another advocate."

Throughout her experience, Thao said she gained a greater insight about "being culturally responsive to all victims of DV/SV (Domestic Violence/Sexual Violence) and learning the importance of confidentiality."

She also appreciated the high level of community involvement, as well as the support she received from the other Blue Earth County advocates and her supervisor at CADA.

"In general, all of CADA outreach staff was really supportive and show that advocates do make a difference in court and in victim's lives," said Thao.

Ad·vo·cate, n.

A domestic violence **advocate** is a person who works toward social change and has been trained to support victims of domestic violence. They provide victims with information, referrals to resources, emotional support, and more. They may accompany victims to court or other appointments, obtain information for the victim from other organizations, answer hotline calls, facilitate a support group, or provide counseling.

#DVdictionary
#31n31



SHELTER PROGRAM



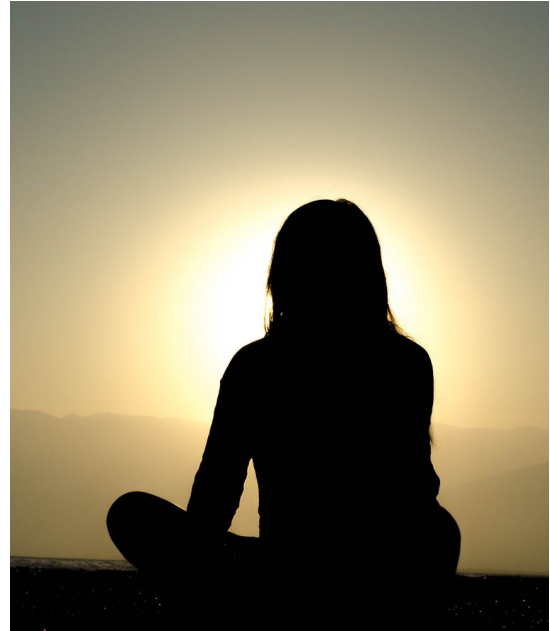
CADA's Shelter is a collective of advocates and female-identified survivors working hand-in-hand to create and hold a space for healing, support, strength, and education.

Our core values are to encompass trauma-informed, strengths-based care that encourages safety, healing, self-sufficiency, self-care, skill building, and opportunities to try new things. We strive to create a welcoming and accommodating environment where we recognize and embrace our differences and commonalities, overcome our barriers, value children, and build a foundation of trust, honesty, and accountability.

Our shelter is a fully-secured facility that offers:

- 24-hour crisis intervention
- Safe housing, food, clothing, and transportation
- Informed decision making
- Advocacy and support groups for women and children
- Emotional and physical support and healing
- Short & long term safety planning
- Parenting support
- Pet foster care program
- Legal, housing, and systems advocacy
- Information and referral
- Translators
- Daily programming and educational opportunities
- Therapeutic counseling
- After-care support
- Assistance in securing emergency services

Information, referral, and hotel access



While our shelter is licensed to provide temporary safe housing for up to 22 individuals at a time, we are often over capacity as a result of the need for emergency safety shelter.

Our shelter is a diverse environment, as we welcome women and children seeking safety from domestic and sexual violence and sex trafficking regardless of their ethnicity, sexual orientation, religion, English proficiency, etc.

The shelter is similar to that of a dorm. There are common areas shared by all residents, such as the kitchen, dining room, living room, children's play room, library, and laundry room.

Staying in shelter is free and confidential, with an average stay of two to three months. While we have some rules and guidelines, we strive to implement those in a way that ensures every resident is provided with trauma-informed, person-centered care.

If you are in need of shelter, please call us at 1-800-477-0466.

There is an advocate available 24 hours a day, 7 days a week to take your call and assist you in accessing safety.

IN MEMORIUM



We lost three women to domestic violence homicide so far this year in our service area.

Lori Wiederhoeft Moore, 49, was shot and killed by her husband of ten years, Timothy Moore, 57, on Friday, February 16. According to the Blue Earth County Sheriff's Office, Lori contacted 911 seeking help with a "domestic altercation." As law enforcement was dispatched, Timothy told the 911 operator he shot Lori and planned to shoot himself.



Lori Wiederhoeft Moore

When authorities arrived to the Beauford area home they found both dead. Family and friends state Timothy was abusive and Lori was attempting to leave the relationship. Timothy Moore has a documented violation of a protective order conviction from 2015.

Lori is Minnesota's second known victims of domestic violence homicide in 2018.

On June 16, 2018, Scott Engelbrecht, 59, shot and killed his wife, Joyce Engelbrecht, 67, and her daughter, Rachel Linder, 43, in St. James. Police responded to a report that someone was shot at the home of Scott and Joyce on the evening of June 16. Once they arrived, they found Scott in the front yard with a .22 caliber rifle. He quickly surrendered to police and admitted to the shooting. Inside the home, officers found Joyce with a gunshot wound to her head, but still breathing and alert. She was transferred to a local hospital and died the next day Rachel Linder was found dead from a gunshot would two houses down from the Engelbrecht's.

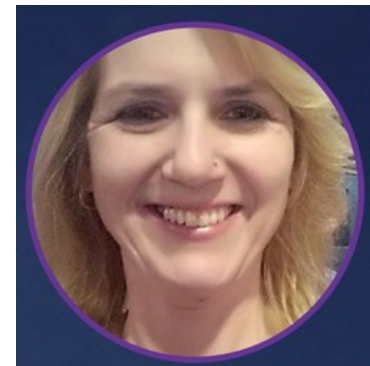


Joyce Engelbrecht

Linder's son, told police he was eating dinner at the Engelbrecht's home when he heard a loud sound and his mother yell that Scott had killed Joyce. Linder's son told her to run before locking himself in the bathroom. It is believed that Scott then followed Linder two houses down, and shot and killed her. Scott Engelbrecht has been charged with two counts of second degree murder.

Joyce and Rachel are Minnesota's sixth and seventh known victims of domestic violence homicide in 2018.

As of July 27, there have been nine known victims of domestic violence homicide in Minnesota this year.



Rachel Linder

Photos and text courtesy of:



P.O. Box 466
Mankato, MN 56002-0466
Phone: 507-625-8688
Fax: 507-625-9431
www.cadaMN.org

Executive Director
Jason Mack

CADA Board of Directors
Bob Sutter, Chair

Megan Ploog, Vice Chair

Penny Vought, Treasurer

Emily Boyd, Secretary

Candee Deichman

Patty Paulson

Lisa Chesley

Julie Larkin-Spies

Mary Iverson

Shawn Morgan

Kari Severson



CADA support

Committee Against Domestic Abuse

August 2018

CADA offers free support groups for women who are survivors of domestic & sexual assault:

Blue Earth County DV Support Group, Tuesdays, 5:30 to 7 p.m.

Blue Earth County Sexual Assault Support Group, Wednesdays, 5:30 to 7 p.m.

Faribault County DV Support Group: Wednesdays, 5:30 to 7 p.m.

Waseca County DV Support Group: Mondays, 5 p.m. to 6:30pm.

For more information, please call the appropriate office.